

 PROTEUS®

192  WATTS
3.43  M/S

**THE ONLY WAY TO MEASURE STRENGTH &
POWER FOR EVERY HUMAN MOVEMENT.**

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FOR DECADES WE HAVE RELIED ON LIMITED MOVEMENTS LIKE THE SQUAT OR BENCH PRESS TO MEASURE PHYSICAL STRENGTH & POWER.

THAT'S BECAUSE IT HAS ONLY BEEN POSSIBLE TO MEASURE STRENGTH FOR MOVEMENTS PERFORMED IN A STRAIGHT LINE.



**HOWEVER, LESS THAN 5%
OF HUMAN MOVEMENT IS
IN A STRAIGHT LINE.**



INTRODUCING THE PROTEUS® SYSTEM

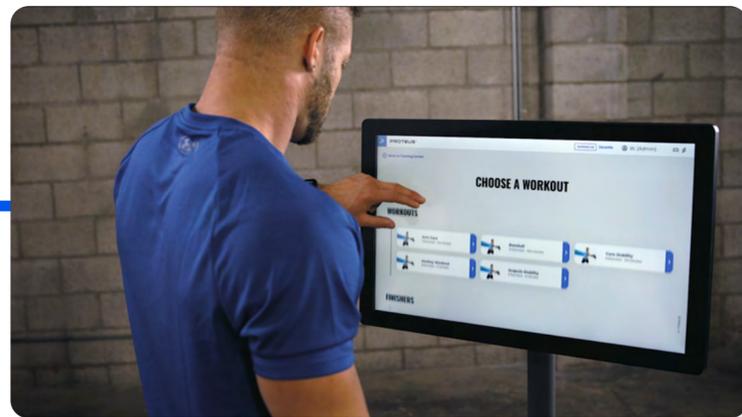
The Proteus® System measures **strength & power** for **100%** of human movements, for the first time ever.



[Click here to see full Introduction to Proteus Video](#)



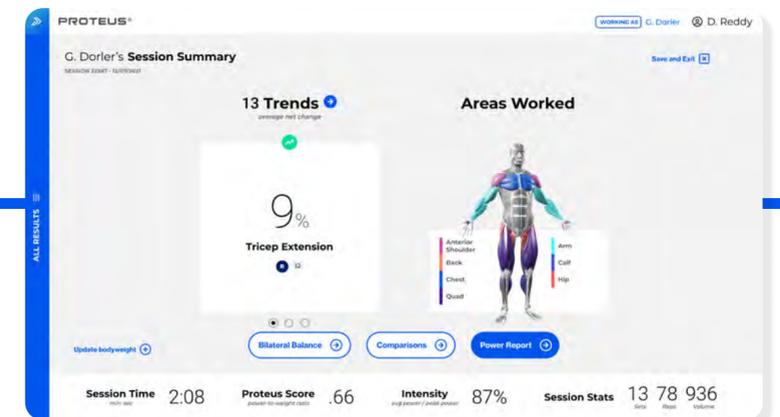
Proteus[®] software guides users through 4-minute physical assessments arming trainers with unprecedented performance data and insights.



1. SELECT FROM A LIBRARY OF TESTS



2. PERFORM A TEST IN UNDER FOUR MINUTES



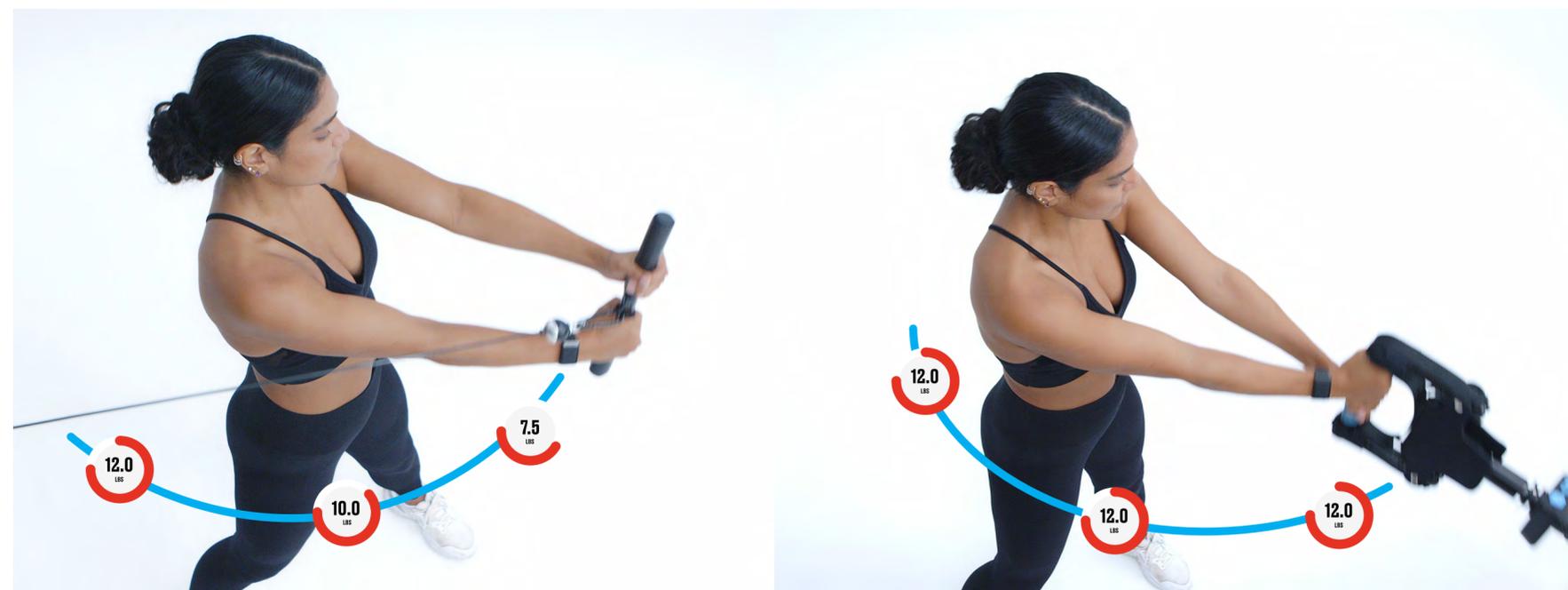
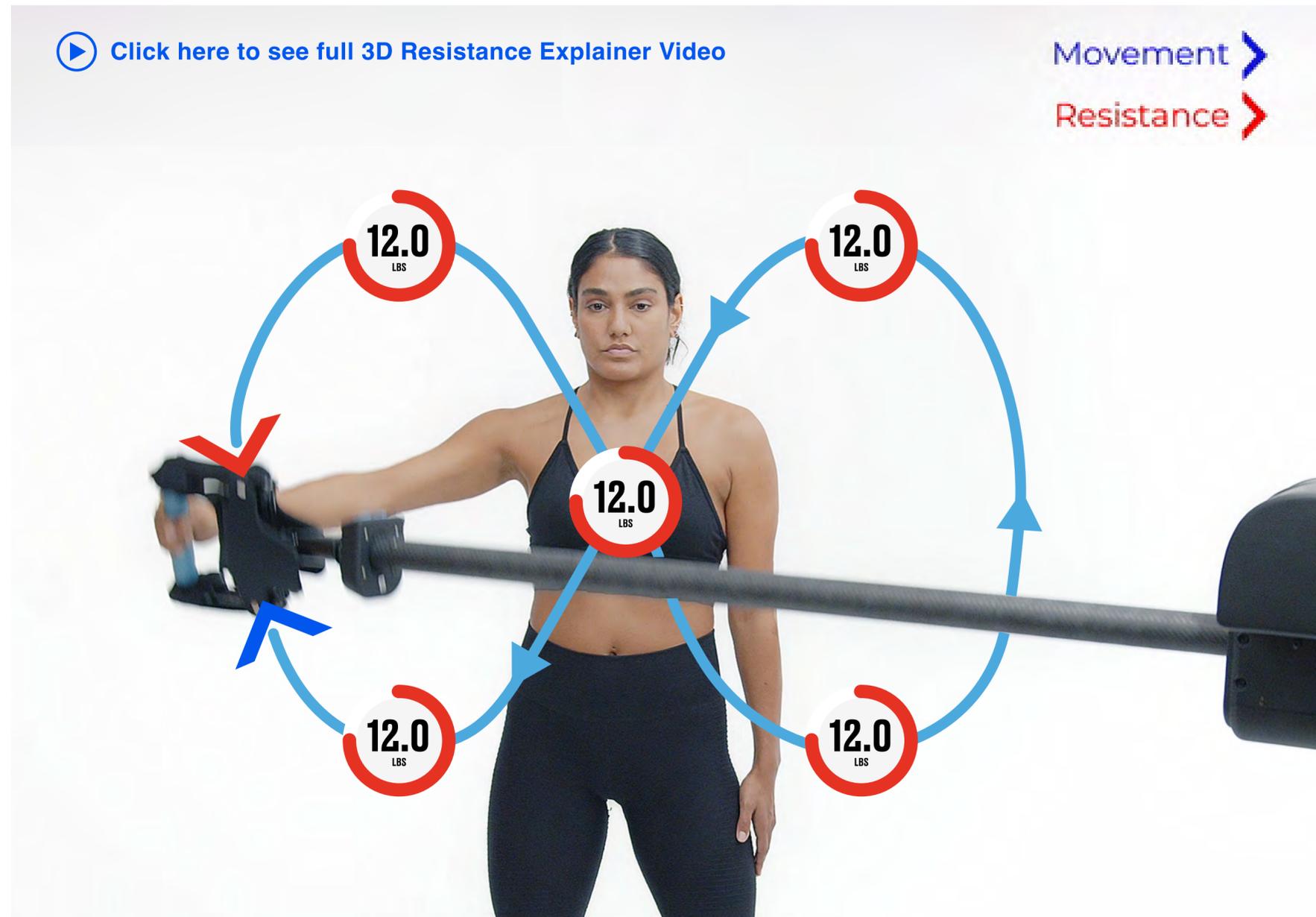
3. GET INSIGHTS & RECOMMENDATIONS*

THIS IS ENABLED BY A TOTAL REINVENTION OF RESISTANCE TRAINING CALLED 3D RESISTANCE™

3D Resistance™ mirrors every movement to provide constant resistance no matter what direction you move. With cable machines and free weights, it is impossible for resistance to stay constant throughout an entire movement unless you are moving in a straight line.

Cable machine (left)
Cannot mirror the entire movement so the resistance changes.

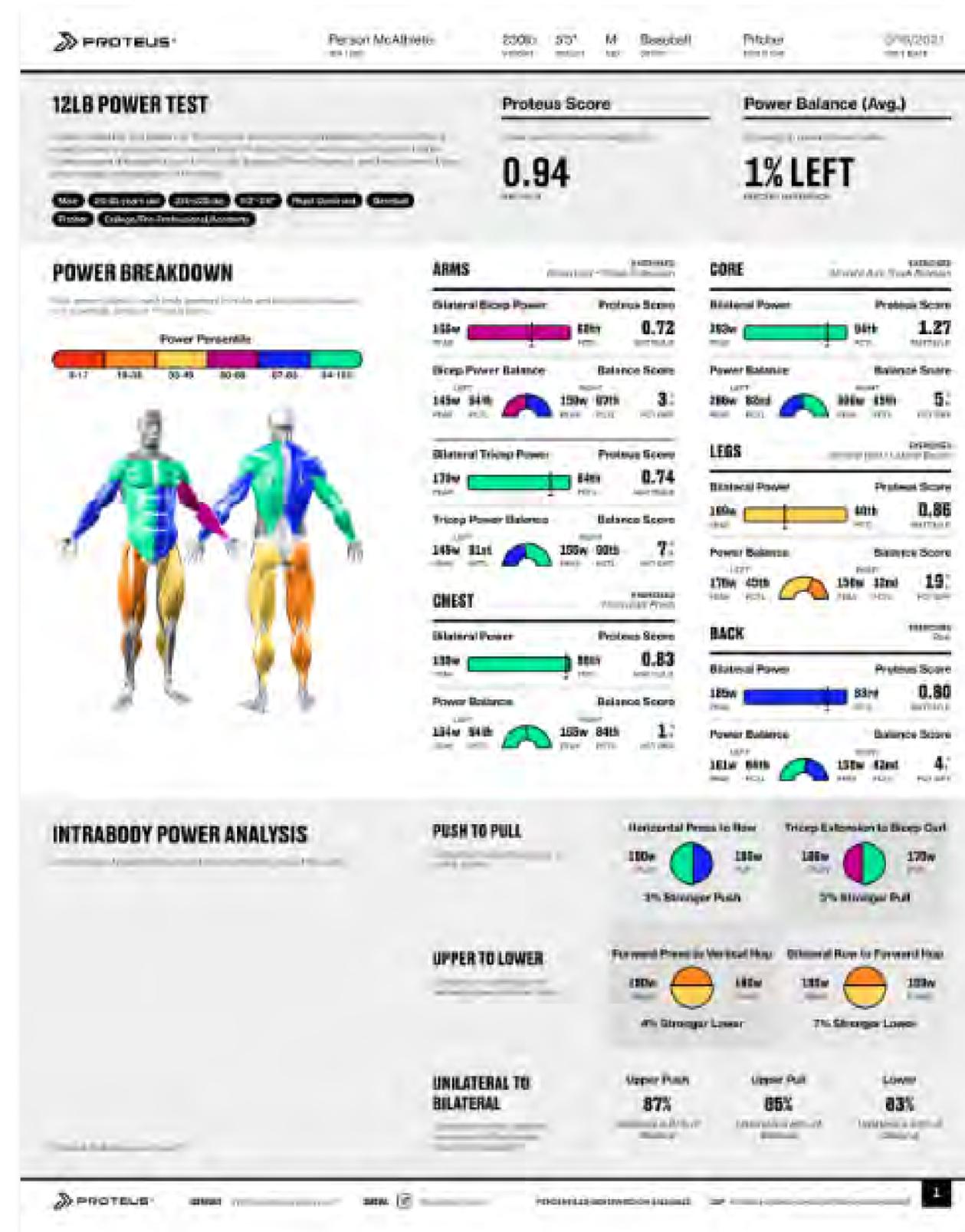
Proteus 3-D Resistance™ (right)
Mirrors the entire movement to provide constant resistance.



UNLIKE OTHER TRAINING TOOLS, PROTEUS DID NOT JUST ATTACH SENSORS TO EXISTING EQUIPMENT.

Proteus® Integrated patented hardware and software to provide measurement and data that have never been possible before.

- Determine specific exercises, resistance levels, speed to optimally train
- Validate performance improvements
- Diagnose performance issues and personalize training programs
- Identify injury risks
- Determine readiness to return to play or work
- Engage users, create competitions





PROTEUS® WAS BUILT FROM THE GROUND UP TO REINVENT RESISTANCE AND DELIVER AN UNPRECEDENTED TRAINING EXPERIENCE.

➤ **2x Neuromuscular Engagement**

Provides 2X neuromuscular stimulation compared to cables and free weights. Strengthens throughout the entire movement pattern – beginning, middle and end of any movement - for maximum efficiency.

➤ **2x Faster**

Perform two exercises in the time of one with concentric resistance in both directions during every repetition.

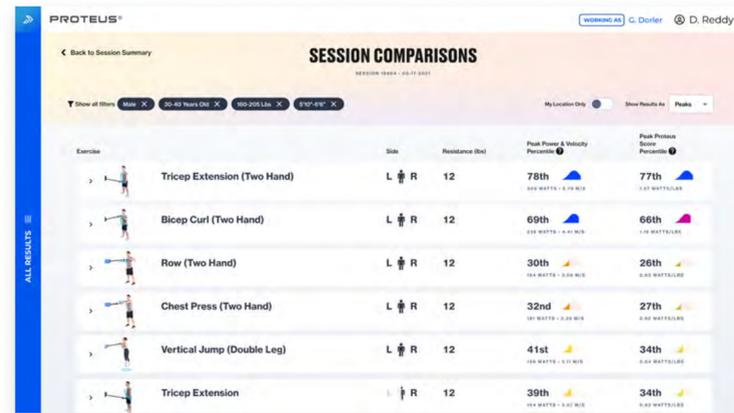
➤ **Full Body Engagement**

The heightened engagement of muscles prompts users to produce force from the ground up, and naturally adjust to discover their optimal movement patterns.

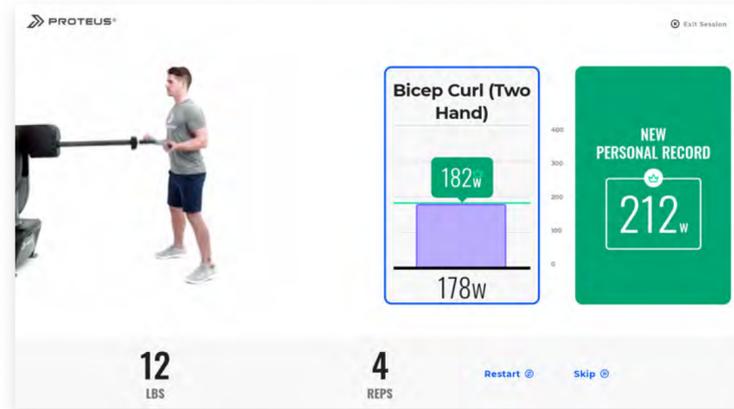
➤ **Safer**

Adapts itself to your movements. When you stop. It stops. Unique resistance system has low impact on joints and tissue.

The Proteus Comparisons feature enables users to compare themselves to a wide range of athletic cohorts including age, gender, sport, position, and skill level.



Proteus' patent-pending handle and patented core hardware design has virtually unlimited versatility and functionality.



Proteus Motion's multi-directional movement capabilities provide constant resistance in any direction, on any plane, at any speed.

**LEFT:**

Proteus' patented software and hardware seamlessly integrate to provide unprecedented measurement and training capabilities.

Proteus also comes with a bar attachment for performing bilateral exercises.





Proteus® delivers more unprecedented versatility, applications, and data than any product in the history of fitness and physical rehabilitation.

[**INTRO TO PROTEUS VIDEO**](#)

[**3D RESISTANCE EXPLAINER VIDEO**](#)

[**DOWNLOAD SPECIFICATIONS GUIDE**](#)

[**SOCIAL PROOF**](#)

[**PROTEUS WEBSITE**](#)

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PROTEUS[®]

**CREATING AN ENTIRELY NEW STANDARD FOR PERSONALIZED
FITNESS AND PHYSICAL REHABILITATION.**